



# Living with Advanced Systemic Mastocytosis

## YOUR GUIDE TO TALKING WITH YOUR DOCTOR ABOUT YOUR AYVAKIT® (avapritinib) TREATMENT

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### INDICATION

AYVAKIT® (avapritinib) is a prescription medicine used to treat adults with advanced systemic mastocytosis (AdvSM), including aggressive systemic mastocytosis (ASM), systemic mastocytosis with an associated hematological neoplasm (SM-AHN), and mast cell leukemia (MCL). AYVAKIT is not recommended for the treatment of AdvSM in people with low platelet counts (less than  $50 \times 10^9/L$ ). It is not known if AYVAKIT is safe and effective in children.

### SELECT SAFETY INFORMATION

AYVAKIT may cause serious side effects, including:

- **Bleeding in your brain.** Serious bleeding in the brain may happen during treatment with AYVAKIT and may lead to death. Stop taking AYVAKIT and tell your healthcare provider right away if you develop any symptoms such as severe headache, vomiting, drowsiness, dizziness, confusion, or severe weakness on one or more side of your body. Your healthcare provider will check your platelet counts before and during treatment with AYVAKIT.



# What should I ask my doctor about?

We want to help ensure that your treatment with AYVAKIT® (avapritinib) goes as smoothly as possible. **This guide can help you improve discussions with your doctor.** Use it to make sure that you're getting the most out of your treatment with AYVAKIT.

**These 3 questions might help you start a conversation at your next appointment.**



## **Q Why was AYVAKIT prescribed for me?**

You already know that AYVAKIT is prescribed to treat Advanced Systemic Mastocytosis (AdvSM). But knowing why your doctor thinks AYVAKIT is right for you may help you better understand your treatment plan.



## **Q When will it start working?**

Treatments like AYVAKIT don't always work right away—and that's normal. It can take about 2 months for some people taking AYVAKIT to achieve a response. Ask your doctor if you have any questions along the way.



## **Q Why do I need blood tests?**

Treatments like AYVAKIT require blood tests to monitor your platelet count (platelets are a part of your blood). Your doctor checked your platelet count before you started therapy. Your platelet count will then be monitored for the first 8 weeks once you start taking AYVAKIT. After that, your doctor will decide how often your platelet count needs to be checked. Your doctor will use this information to see if they need to change, interrupt, or stop your dosage.

# Get ready for **your office visit**



Preparing for your visit can help you get the most out of it. As it gets closer, **make a list of your goals. Are there questions you want to ask or things you want to talk about?**

The tips below can help you get focused, and the space on the next page can be used to help you organize your thoughts.



## **Check in with yourself**

How did you feel at your last visit? Do you feel better or worse now? Let your doctor know what symptoms are bothering you and if you have any new symptoms.



## **Don't forget about your blood work**

Make sure you complete your blood tests according to your doctor's instructions. If you ever have questions about your blood tests, ask your doctor.



## **Be an open book**

AdvSM can affect the parts of your life that mean the most to you—relationships, work, hobbies, and more. You should tell your doctor if your AdvSM is affecting your ability to enjoy daily activities. They may be able to help or refer you to a specialist who can help.



## **TIP!**

**Loved ones can help you prepare** for appointments. They might notice things you don't, and their input can be helpful to you and your doctor.

## **SELECT SAFETY INFORMATION**

AYVAKIT may cause serious side effects, including: (continued)

**Cognitive effects.** Cognitive side effects are common with AYVAKIT and can be severe. Tell your healthcare provider if you develop any new or worsening cognitive symptoms including forgetfulness, confusion, getting lost, trouble thinking, drowsiness, trouble staying awake (somnolence), word-finding problems, seeing objects or hearing things that are not there (hallucinations), or a change in mood or behavior.



**Please see the full Prescribing Information and Patient Information for AYVAKIT.**

# Let's get organized



Have you noticed any physical changes since your last visit? **Yes**  **No**

What are your current physical AdvSM symptoms (eg, feeling tired, itchy skin)?

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Has anything changed in your cognitive functioning since your last visit? **Yes**  **No**

Have you noticed any recent cognitive changes (eg, are you having trouble concentrating or remembering things)?

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Has anything else changed since your last visit? **Yes**  **No**

How are you currently feeling (eg, are you experiencing any other physical, cognitive, or emotional changes)?

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## NEED SOMEONE TO TALK WITH?

Your Patient Navigator is always there if you need to talk with someone about how you are managing your AdvSM. **1-888-258-7768, ext. 1**

## SELECT SAFETY INFORMATION

**Before taking AYVAKIT, tell your healthcare provider about all of your medical conditions, including if you:**

- have low platelet counts
- have bulging or weakening of a blood vessel wall (aneurysm) or history of bleeding in your brain
- have a history of stroke within the last year



**Please see the full [Prescribing Information](#) and [Patient Information](#) for AYVAKIT.**

# Let's get organized



Do you have questions about taking AYVAKIT® (avapritinib)? For example, *how should I take AYVAKIT? How does it work? What are the possible side effects?*

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Do you have questions about your treatment goals with AYVAKIT? Such as, *when should I expect to feel better? How long will I take it?*

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Questions you want to ask about your blood tests or AdvSM:

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**Note: Stop taking AYVAKIT and tell your doctor right away if you develop any symptoms such as severe headache, vomiting, drowsiness, dizziness, confusion, or severe weakness on one or more side of your body.**

## SELECT SAFETY INFORMATION

**Before taking AYVAKIT, tell your healthcare provider about all of your medical conditions, including if you: (continued)**

- are pregnant or plan to become pregnant. AYVAKIT can cause harm to your unborn baby.

**Females** who are able to become pregnant: Your healthcare provider should do a pregnancy test before you start AYVAKIT. You should use effective birth control (contraception) during treatment with AYVAKIT and for 6 weeks after the final dose of AYVAKIT. Talk to your healthcare provider about birth control methods that may be right for you. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with AYVAKIT.

**Males** with female partners who are able to become pregnant should use effective birth control (contraception) during treatment and for 6 weeks after the final dose of AYVAKIT.



**Please see the full Prescribing Information and Patient Information for AYVAKIT.**

# Who should be on my healthcare team?



There are many doctors who you may see on your AdvSM journey.  
Use this space to keep their contact information organized.

## Hematologist-oncologist (a doctor who specializes in blood disorders)

Name \_\_\_\_\_

Contact Information \_\_\_\_\_

## Allergist/immunologist (a doctor who specializes in allergies, asthma, and the immune system)

Name \_\_\_\_\_

Contact Information \_\_\_\_\_

## Primary care doctor

Name \_\_\_\_\_

Contact Information \_\_\_\_\_

## Nurse practitioner

Name \_\_\_\_\_

Contact Information \_\_\_\_\_

## Other (psychologist, therapist, etc)

Name \_\_\_\_\_

Contact Information \_\_\_\_\_

You can always ask your doctor which specialists they think might be right for you,  
and see if they can provide referrals.

## SELECT SAFETY INFORMATION

**Before taking AYVAKIT, tell your healthcare provider about all of your medical conditions,  
including if you: (continued)**

- are breastfeeding or plan to breastfeed. It is not known if AYVAKIT passes into your breast milk. Do not breastfeed during treatment with AYVAKIT and for at least 2 weeks after the final dose of AYVAKIT. Talk to your healthcare provider about the best way to feed your baby during this time.



**Please see the full Prescribing Information and Patient Information for AYVAKIT.**

# Make the most of your office visit



It's not always easy to remember everything you want to tell your doctor—or what your doctor tells you.

**Jot down your top priorities** for your visit on this page. These might be questions you want to ask or things you want to make sure your doctor is aware of. There's also a space for you to take notes during your appointment. You can print out a new page whenever you need it!

**Doctor Name** \_\_\_\_\_

**Date** \_\_\_\_\_

## Priorities for my appointment

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Notes

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## SELECT SAFETY INFORMATION

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. AYVAKIT may affect the way other medicines work, and certain other medicines may affect how AYVAKIT works. Talk to your healthcare provider prior to starting a new medicine.



Please see the full [Prescribing Information](#) and [Patient Information](#) for AYVAKIT.

## **SELECT SAFETY INFORMATION**

**Do not** drive or operate hazardous machinery if you have confusion or trouble thinking during treatment with AYVAKIT.

The most common side effects of AYVAKIT in people with AdvSM include fluid retention or swelling, diarrhea, nausea, tiredness, and changes in certain blood tests.

Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with AYVAKIT if you develop certain side effects. AYVAKIT may cause fertility problems in females and may decrease sperm production in males, which may affect your ability to have a child. Talk to your healthcare provider if this is a concern for you. These are not all of the possible side effects of AYVAKIT. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call **1-800-FDA-1088**.

**Please see the full Prescribing Information and Patient Information for AYVAKIT.**

